

KEYNOTE SPEAKER

Coach Jayme Shiarla

Executive Wellness Coach • NLP Practitioner • Author

About Coach Jayme

Coach Jayme delivers keynotes and workshops that produce lasting neural rewiring—not temporary motivation. Her audiences leave with specific tools, named frameworks, and genuine perspective shifts rooted in neuroscience and NLP. With a proven track record speaking to Fortune 500 leaders, HR professionals, and coaching industry experts, Coach Jayme addresses the real challenge high performers face: success on paper, emptiness inside.

The Framework: Think. Rewire. Lead.

Think

Clarity & Discovery. Strip away performed identity to access authentic direction.

Rewire

Beliefs & Patterns. Consciously install new neural pathways through NLP.

Lead

Peace & Purpose. Build sustainable high-performance identity.

Signature Keynotes

Lead Yourself First

Self-leadership as the foundation for leading others

Change Your Thinking, Change Your Life

Neuroplasticity and mental performance

Slow Down to Speed Up

Strategic recovery in high-performance cultures

Boundaries Are a Leadership Strategy

Boundaries as a core leadership competency

Delivery Formats

Format	Duration	Best For
Keynote	45–60 min	Opening/closing sessions
Half-Day Workshop	3–4 hours	Deep-dive with exercises
Full-Day Intensive	5–6 hours	Comprehensive training
Virtual Keynote	45–60 min	Remote delivery

Investment

Market	Keynote	Workshop
Central Texas	\$7,500–\$12,500	\$3,500–\$8,000
National	\$12,500–\$20,000	\$6,000–\$10,000
Virtual	\$5,000–\$10,000	\$3,000–\$6,000
Large-Scale	\$20,000–\$50,000	Custom Quote

Ready to book?

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